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| **Staying safe during school holidays****Parent/Carer checklist**Be prepared! |
|[ ]  **Check the weather and ensure that you dress your children appropriately. Wear sensible footwear.** If it’s going to be hot - bring sun lotion, sunglasses, and a hat! Waterproofs and coats if it’s cold and wet! |
|[ ]  **Everyone eats breakfast -** take snacks with you too. You don’t know how long it would be before you can access food.  |
|[ ]  **Stay hydrated -** Ensure you have bottles you can refill. |
|[ ]  **Plan your journeys.** Make sure you are aware of the geographical area of where you and young people are going to be - plan how to get there safely.  |
| Just in case…. safety plan |
|[ ]  **Write your mobile number on a bit of paper/key ring and put it in your child’s pocket.** If your child has a phone, make sure its fully charged and bring a backup charger. |
|[ ]  **Agree meet up points if you get separated -** look for landmarks like churches, community centres or shops that are close by. |
|[ ]  **Take a photo of your child in the morning!** Create a memory but this will help if your child gets lost for you to show professionals who to look out for if your child goes missing.  |
|[ ]  **Identify areas where your child can get help** hopefully you wont need this, but just in case – look for the places of safety and how to get there.  |
|[ ]  **Bring photographic identification -** if your child has been lost and found, you may need to verify who you are.  |
| If you are not attending with your child…some extra considerations |
|[ ]  **Know who your child is with -** If your child is out with friends– make sure you have their friend’s parent/carer’s contacts. |
|[ ]  **Set rules and expectations.** Check in with your children before they leave home. Talk about worries and how you can reassure yourselves.You can use the corresponding Young Persons Check list to support this conversation.  |
|[ ]  **Plan getting home -** make sure you consider getting home safe.Transport can be unpredictable – have a backup plan.  |
|[ ]  **Communicate throughout the day -** Get them to send you selfies and regularly message – if they need help know how you can get support.  |

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**If you or someone else is at immediate risk, contact 999.**

**If you have intelligence or concerns that aren’t emergencies, you can report this via 101.**