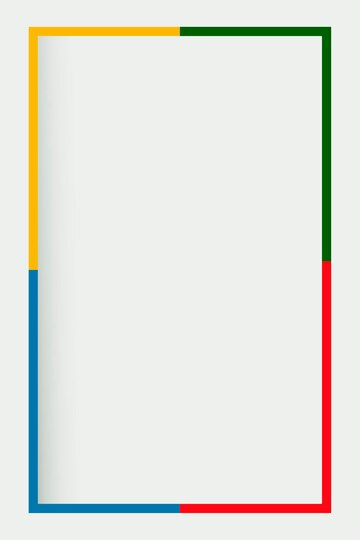
|  |  |
| --- | --- |
| **Staying safe during school holidays****Parent/Carer checklist** Be prepared! | |
|  | **Check the weather and ensure that you dress your children appropriately. Wear sensible footwear.** If it’s going to be hot - bring sun lotion, sunglasses, and a hat! Waterproofs and coats if it’s cold and wet! |
|  | **Everyone eats breakfast -** take snacks with you too. You don’t know how long it would be before you can access food. |
|  | **Stay hydrated -** Ensure you have bottles you can refill. |
|  | **Plan your journeys.** Make sure you are aware of the geographical area of where you and young people are going to be - plan how to get there safely. |
| Just in case…. safety plan | |
|  | **Write your mobile number on a bit of paper/key ring and put it in your child’s pocket.** If your child has a phone, make sure its fully charged and bring a backup charger. |
|  | **Agree meet up points if you get separated -** look for landmarks like churches, community centres or shops that are close by. |
|  | **Take a photo of your child in the morning!** Create a memory but this will help if your child gets lost for you to show professionals who to look out for if your child goes missing. |
|  | **Identify areas where your child can get help** hopefully you wont need this, but just in case – look for the places of safety and how to get there. |
|  | **Bring photographic identification -** if your child has been lost and found, you may need to verify who you are. |
| If you are not attending with your child…some extra considerations | |
|  | **Know who your child is with -** If your child is out with friends– make sure you have their friend’s parent/carer’s contacts. |
|  | **Set rules and expectations.** Check in with your children before they leave home. Talk about worries and how you can reassure yourselves.You can use the corresponding Young Persons Check list to support this conversation. |
|  | **Plan getting home -** make sure you consider getting home safe.Transport can be unpredictable – have a backup plan. |
|  | **Communicate throughout the day -** Get them to send you selfies and regularly message – if they need help know how you can get support. |

A logo for a company

Description automatically generated with low confidence****

**If you or someone else is at immediate risk, contact 999.**

**If you have intelligence or concerns that aren’t emergencies, you can report this via 101.**